

To whom it may concern

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Below please find the standard treatment regimen for in utero repair of spina bifida. Please be aware that depending on the course, particularly the postoperative evolution, changes may occur. Yet the below description has proven pretty accurate for a vast majority of our cases.

1. First, Mrs. Ekaterina Sarabeva will come to Zurich for several outpatient consultations. The patient will be seen by Prof. N. Ochsenein at the Department of Obstetrics of the University Hospital Zurich for diagnostic workup including history, physical exam, blood sampling, swabs, ultrasound and amniocentesis.
2. Then a fetal-maternal MRI will be performed at the University Children's Hospital Zurich. Thereafter, the patient will be seen for a three hour prenatal counselling detailing all relevant aspects of the planned prenatal repair, postoperative treatment, and, finally Caesarean-section near term.
3. The patient will be hospitalized at the Department of Obstetrics of the University Hospital Zurich. After standard pre-operative preparation, fetal surgery will be performed. Thereafter, the patient must stay at the hospital for at least 4 weeks for intravenous tocolysis, fetal-maternal monitoring, and a fetal maternal MRI to be performed approximately 4 weeks after the operation.
4. After this time point, the patient must stay at the hospital, if an ongoing intravenous tocolysis and bed rest are mandatory. If this is not the case, then the mother can be discharged from the hospital to stay in a rented low cost flat nearby the hospital. Of course, she will then must have outpatient consultations including ultrasound once a week.

Please note these costs are calculated on the basis of our Swiss DRG-System (Diagnosis-Related-Groups). This DRG-System produces a cost weight for an individual condition and the cost weight is then multiplied by the hospital specific base rate and this finally produces total costs.

Should you have any problems or questions with the above matters, please do not hesitate to contact me directly at +41 44 266 80 23 or +41 44 266 74 02 or martin.meuli@kispi.uzh.ch

Sincerely yours



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